

The Activator

November 2019

A monthly newsletter from the United Methodist Church of Hudson

Mission Statement of the Church:

As followers of Jesus Christ we want to lead our community to a growing faith.

301 Washington Street
PO Box 146
Hudson, IA 50643

Office: 319/988-6040
e-mail: hudumc@msn.com
web page: hudumc.org

Mary Rekers, editor
Volume 4, Issue 11

Pastor: Audrey Westendorf Young Email: pastorayoung@gmail.com

PASTOR OFFICE HOURS: **Wednesdays**

Dear HUMC family,

There are lots of reasons why it's important to be thankful to God and show gratitude to God for the people and things we have in our lives, but did you know that being thankful is also good for your health? Here's a list of why it's great to be grateful to God at Thanksgiving and all year long!

You make other people feel good when you show them you appreciate the things they do for you. This can turn good friends into best friends. A simple "thank you" goes a long way and helps you to have better friendships, and you will get along even better with your family. When you make others feel good, it makes you feel good and then everyone feels good!

When you're grateful for the things in your life, something as simple as noticing a beautiful sunset can brighten your day. This means that you will be happier, less worried even more confident about yourself. Being grateful is contagious and others will want to be grateful just like you!

People who are thankful are more positive instead of negative. When you see a glass with water in it, you say the glass is half full. Negative people will say that same glass of water is half empty. We want to be thankful for the water that is there, not worry about the water that isn't.

If you keep a journal beside your bed and at the end of the day, you write a list of the things you're thankful for that day, you will sleep much better. This helps you to remember the good things from your day, like the delicious pizza you had for dinner, or that friend who helped you. You'll fall fast asleep with a big smile!

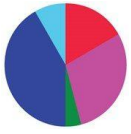
Being thankful helps you to think more about other people's feelings — this is called *empathy* (being able to see things from another person's view).

Being thankful also helps you get through life's tough times, because you can call to mind many of the good things in your life.

Being thankful helps you to be and do things to show your gratitude to God and others.

I will always pray for you and ask for your prayers for me,
Pastor Audrey:)

Thankful



Where Our Apportionment Dollars Go
General Church Apportionments
Conference Missions

Board of Camps, Conference and Retreat Ministries apportioned funds subsidize the three United Methodist Church camps within Iowa. Without these funds the camps would need to generate more income, probably by charging higher registration fees.

Board of Church and Society strives to inform every United Methodist about the contents of the United Methodist Social Principles and seeks to educate Iowans about the issues of peace and justice.

Board of Discipleship is responsible for five specific core areas: Christian Education, Evangelism, Spiritual Formation, Stewardship and Worship. In addition, the Board provides support and resources to local churches and local church leaders through regional and conference-wide learning experiences.

Board of Global Ministries provides coordination, support and training for existing ministries; encourages new ministries, the expansion of Hispanic Communities within Iowa; and develops new congregations and revitalizes existing congregations. Also, it gives support for the institutional ministries of the Conference which helps support programs for the “least of these”, develops the Rainbow Covenant Book for missional giving, education and support for Volunteers in Mission, and coordinates mission personnel within the Iowa Conference.

Board of Higher Education and Campus Ministries provides support to the Wesleyan Foundations located near the campuses of Iowa’s four major universities while giving support to the four Iowa United Methodist related colleges and initiating programs that are focused on student Christian development and formation.

Board of Laity gives direction and leadership for the laity in ministry through programs such as Lay Speaking Ministries, Laity Sunday observances, and Schools for Lay Ministry. The Board becomes a channel of communication for sharing models of lay ministry, the Thanksgiving Ingathering, Heifer Project International, and other ministries for laity.

Commission on Archives and History ensures that the historically significant record of Conference, agencies, and local churches are collected and preserved for the future. As a part of this, they provide for the permanent safekeeping of these historical records on the campus of Iowa Wesleyan University and support the work of the Conference Archivist.

Commission on Christian Unity and Interreligious Concerns works toward the unity of all Christians by encouraging our congregations to work closely with Churches Uniting in Christ and seeking a closer working relationship among member denominations. The agency seeks to foster stronger interfaith communities with our neighbors of other religious traditions.

Commission on Ministries with Persons with Disabilities strives to heighten awareness of disability issues in the Iowa Annual Conference and in local United Methodist Churches. The agency is a resource to District Church Location and Building committees and provides seed grants for funding for the improvement of accessibility to buildings and activities.

Commission on Religion and Race monitors, evaluates, advocates, empowers, and tries to enable the church in all levels to pursue and achieve racial inclusivity as a way of life.

Commission on the Status and Role of Women advocates for women so they may claim their rightful place within the church and in society.

Council on Age Level Ministries (Older Adult Council and Young Adult Council) encourages the church to include all ages in planning, implementation and participations, programs as well as sensitivity to the needs, interests, and abilities of all individuals and families.

Council on Youth Ministries provides opportunities for youth to hear and respond to God’s call by developing strong Christian leaders and helping local congregations develop strong youth ministries.

District Councils on Ministry provide local churches access to needed resources, provides training along with spiritual formation events for leaders of local churches and identifies potential areas of ministry growth within the district.

Matthew 25 Fund provides grants to mission and ministry programs within each district to assist local congregations in engaging directly in hands-on ministry which propels us as the body of Christ towards the Kingdom of God.



Birthdays & Anniversaries in November

BIRTHDAYS

- 5 - Melvin Bartels
- 5 - Tamera Grams
- 12 - Faye Munchoff
- 15 - Katie Rickert
- 16 - LaVonne Kerr
- 18 - Robert Chittenden
- 26 - Meleah Sadler

ANNIVERSARIES

- 15 - Ken & Marcy Kristensen
- 18 - Todd & Nancy Patterson



- Carol Ann Cowling
Carolyn Mumm
Ed Smith
Mavis Floss
LaVonne Kerr
Dave Tolander**



- Mel Bartels
Margaret Mumm
Barb Doughty
Dee Vandenberg
Lila Epling**

Don't forget to check out the Church Library



MEDIA OPERATORS FOR NOVEMBER

- November 3 – Nancy Patterson
- November 10 – Nancy Patterson
- November 17 –
- November 24 –



**Food Bank Sunday
November 3, 2019**

"If you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness. -- Isaiah 58:10 (NRSV)

We continue to request your support of the Northeast Iowa Food Bank by donating non-perishable food and non-food items and money through the church. The first Sunday of the month, November 3rd, will be designated "Food Bank Sunday".

There are 18,360 food insecure people in Black Hawk County and 4,940 of those are children. The Northeast Iowa Food Bank has 73 member agencies and provide the following programs:
BackPack Program serves 2,097 kids monthly
Kids' Café serves 464 kids daily
Summer Feeding Program served 17,118 meals
Elderly Nutrition Program serves 203 Seniors monthly

There is a container in the entryway for your donations of food and non-food items. If you prefer to give a monetary donation, make your check payable to the church with a notation that it is for the Food Bank. Your donation will show on your statement of giving to the church.

For every \$10.00 the food bank receives, they can provide approximately 40 meals. Your donations do make a difference. Can you help this month?





Weekly Offering For October 2019

Offering:

| | | |
|---------|----|--------------------|
| October | 6 | 1,080.00 |
| | 13 | 1,046.50 |
| | 20 | 335.00 |
| | 27 | 534.00 |
| | | \$ 2,995.50 |

Also received:

| | | |
|------------------|-----------|-----------------|
| Apportionment: | \$ | 270.00 |
| Ingathering | | 385.00 |
| Matthew 25 Grant | | 135.08 |
| Rent | | 1,050.00 |
| Lions Club | | 25.00 |
| Mission | | 20.00 |
| Interest | | 225.36 |
| Chili Cook-Off | | 293.00 |
| TOTAL | \$ | 2,403.44 |



| | |
|----------------------------------|-------------|
| Approved 2019 budget: | \$85,866.00 |
| Approved budget through October | \$71,555.00 |
| Apportionments due for 2019: | \$11,912.00 |
| Apportionment payment per month: | \$ 993.00 |

| | Monthly | YTD |
|-------------------------|-------------|-------------|
| Giving towards budget: | \$ 2,995.50 | \$45,367.51 |
| Budget Expenses: | \$ 5,258.00 | \$56,021.00 |
| Giving Apportionments: | \$ 270.00 | \$ 1,750.00 |
| Apportionment Payments: | \$ 0 | \$ 0 |

With 83% of the year completed, our giving is at 81% of actual expenses and 63% of budget through October. Our expenses are 65% of total approved for 2019 budget.

Apportionments update: We actually have nearly half, \$5,300 of our apportionments given to HUMC, but not submitted to the Conference. Our HUMC checking account includes reserve accounts and \$7,300 has been "borrowed" from those accounts to pay regular bills. If you can possibly give even more generously than you already are, many folks in need would greatly appreciate it.

FROM THE PASTOR

November Preaching Schedule

| | | |
|----|------------------------|-------------------------------------|
| 3 | The Authority of Jesus | Mark 1:22, Matthew 7:29, Matthew 25 |
| 10 | Veterans Day | |
| 17 | The Optimism of Jesus | Luke 12:32, John 16:33 |
| 24 | The JOY of Jesus | John 15:11 |

The 40th annual Mission Ingathering will be at First United Methodist Church in Cedar Falls on Saturday, November 2nd.



Time changes on Sunday, November 3rd, at 2:00 a.m. Don't forget to "fall back" when you go to bed Saturday night.

Youth Group – Catherine and Dylan Armstrong are leading HUMC Youth Group for grades 7 – 12. They will meet November 6th, 13th and 20th at 5:45 p.m.



Kids' Class for ages 4 through 6th grade will meet November 6th, 13th and 20th at 5:45 p.m.

Sunday, November 10th, during the morning worship service we will honor our veterans with a special showing of "Bad Deal – My Vietnam War Story", a 2019 National PBS Documentary. There will be invitations to give to your friends on November 3rd.



Wednesday, November 13th, at noon we will be serving Creamy Swiss Chicken Bake. Invite a friend out for lunch!

Adult Bible Study will meet on November 13th and November 27th at 1:00 p.m.



The men will meet for breakfast on Saturday, November 30th, at 8:00 a.m. Bring your warm clothes as will need help setting up the manger scene after breakfast.



Looking ahead to December – Mark these dates on your calendar to participate with HUMC.

- ❖ December 1 – Hanging of the Greens with carols and highlighting the reason for our Christmas decorations
- ❖ December 8 – Second Sunday of Advent with Communion
- ❖ December 24 – Christmas Eve at 4:30 pm
- ❖ December 29 – Carol sing with worship
- ❖ January 5 – Celebrate the visit of the Wise Men

The Church Council approved a trial period for online and mobile options for giving to the church. We are in the process of getting it all set up and ready to go. Watch for details.



Thank you for attending and supporting our Chili (Cook-off) Supper! It was great to have Fellowship Hall filled with chili lovers! Many comments were

made about being glad they didn't have to vote for their favorite as they were all so delicious, it would have been too hard to pick a favorite. Thanks to the following chili contributors as well:

- White Chili & Green Chili Stew – Annette Tolander
- Turkey & Apple Chili – Bob Chittenden
- Wendy's Copycat – Nancy Patterson
- Wendy's Copycat – Diane Schulz

Desserts were provided by Annette Tolander, Diane Schulz, Nancy Patterson, and Kelsey Wilding. Bake sale goodies were prepared by Bob Chittenden, Nancy Patterson, Nancy Louthan, Annette Tolander, and Diane Schulz.

- Chili Supper Committee**
 Don & Diane Schulz
 Nancy & Steve Louthan
 Todd & Nancy Patterson
 Dave & Annette Tolander



A Vision Session with Bishop Laurie will be held on Tuesday, November 19th from 6:30 p.m. to 8:00 p.m. at Waterloo First United Methodist Church, 614 Randolph St, Waterloo. Everyone is welcome.

Volunteers are always appreciated to usher, read for Sunday worship, media, video recording, and Wednesday night activities. Please make your intentions known by placing a note in the offering plate or e-mailing the church office. Thanks!





Just for Kids
A Special Song of Thanks

Use the music code to find the words for this familiar song of thanks.

CODE:

| | | | | |
|-----|-----|-----|-----|-----|
| A ≡ | E ♪ | I ♪ | O ♪ | U ♪ |
| B ♪ | F ♪ | L < | P ♪ | V ♪ |
| C ♪ | G ♪ | M ^ | R ♪ | W # |
| D ♪ | H ♪ | N ♪ | S ♪ | X ∞ |
| | | | T ♪ | Y ♪ |



Challenge: What do we commonly call this song?
 The 

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly hosts. Praise Father, Son, and Holy Ghost. Amen.